

Subject Area – PE



Aspect to consider	KS3	KS4
Democracy	 All students have the freedom to speak and contribute in the lesson and be listened to by others Student Questionnaires Choice of extra- curricular activity Deciding on roles within the lessons Students given the choices relating to activities Choice of representing the school in competitions 	 All students have the freedom to contribute and speak in the lesson and will be listened to Some element of choice is given in this area so students can achieve the highest grade for their practical ability Outdoor sport is an option choice at KS4 Students can choose to represent the school or attend extra- curricular activities Choices give in the Techno gym –CV / Weights and they can base a training programme around this
The Rule of Law	 All games have rules for reasons – Fair play/ safety School rules regarding kit, changing room expectations, pool rules, rules when excused Rules relating to behaviour and attitude Rules when representing school in competitions Students will be officials, coaches and performers 	Practical Expectations and class rules discussed to create a positive learning environment Rules relating to the activity – fair play and safety Rules in the changing room Rules on kit Rules on behaviour and safety Rules when representing school Theory Rules in the classroom to create a positive learning environment Rules relating to homework Rules in unit test conditions Safe practice in sport Drugs in sport
Individual Liberty	 Through practical activities students are encouraged to build on their confidence and take responsibility for their learning Be organised for the lessons with kit Students work in a safe and supportive environment Encourage personal development and take part in after school activities by choice Making decisions within a game 	Practical All students work in a safe and supportive environment Decision making in games and not judging those making decisions Encouraged to take part in extra -curricular activities for personal development Be organised and bring equipment to all lessons

	 Not judging others who make different or wrong decisions Freedom to express own ideas (gym / dance) Develop confidence at using skills 	 Choices in summer activities Theory Throughout the course the students are encouraged to build on their confidence and take responsibility for their learning Choosing to focus on topics and areas they need to strengthen in order to pass the exam Choosing to complete homework tasks to develop learning Reasons for taking part sport Diet choices for the performer Revising for exams
Mutual Respect	 Respect decisions made by officials Respect for teachers, peers and visitors Respect of others physical ability and skill level All physical activities involve working with others and this develops an environment of mutual respect Alternative changing arrangements where necessary Activities and equipment is adapted so that all can achieve No discrimination or prevention from participating Peer assessment creates support in all areas Respect of school equipment 	Practical Respect decision's made in games High expectations Develop mutual respect from working with others Encourage and support peers regardless of ability to improve and enjoy the activity Cooperate with other in warm ups, drills and games Respect all equipment Activities are adapted to suit all abilities Peer assessment supports and encourages respect Alternative changing arrangements if required Summer activities Theory Respect of others ability Respect of the classroom and equipment
Tolerance of those of Different Faiths and Beliefs	 Different sports and activities from different cultures Inter school competitions, pupils come across pupils from different backgrounds New students are treated with respect Cultural influence in sport and discussion on performers from different countries and nations – USA softball 	 Social, mental and physical reason for individuals taking part in sport Motivation in sport Guidance and practice to improve skills Feedback in sport Practical Traditional games – football and netball Inter schools competitions – meet other students from different backgrounds and schools Treat new students to the school with respect

•	Cultural influence in sport and discussion on performers from different countries and nations-	•	Different activities from other countries – Softball (USA)
	Bollywood dance	Theory	
		•	Elite performers from different countries
		•	Discussion on cultural influence in sport
		•	Safe practice in sport in other countries/ activities